







# Fighting *hunger* & *hardship* since 1980.

## CONTACT US

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4PM - 6PM  
Closed on Fridays & Sundays

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## BREAD & ROSES COMMUNITY KITCHEN

Food. Dignity. Compassion.

[www.breadandroseskitchen.org](http://www.breadandroseskitchen.org)

## Our Mission

Bread & Roses' mission is to address the core necessities of the Merrimack Valley's community members with a holistic and welcoming approach focusing on food insecurity and promoting self-empowerment.



# We Proudly Serve Everyone.

We do not require ID, referrals, or paperwork to access our services. →

**WE DO NOT RECIEVE ANY KIND OF GOVERNMENT FUNDING.**

## OUR PROGRAMS

### COMMUNITY MEALS

- Meals are served restaurant style by volunteers - including seconds!
- Guests take supplemental food items home after the meal.

### MONTHLY MOBILE MEALS

- We deliver an average of 18 meals worth of produce, protein, and pantry staples each month to individuals who are unable to take part in community meals.

### EMERGENCY FOOD PANTRY

- Orders are available same day, and include up to 3 days of food for each household member. Toiletries, clothing, infant supplies, and pet food are also available.

### FRESH START

- We distribute laundry cards to help ensure access to clean clothes, a critical factor for staying healthy.

### FOOD RESCUE

- Our two vans travel across Greater Lawrence to deliver hundreds of tons of rescued food to partner agencies and deliver food to B&R for meals, pantry orders, and supplemental food items.

## THE KEY INGREDIENTS



**5 full time staff in the building**



**A network of volunteers**



**1 amazing community**

## OUR IMPACT

In the past year, B&R has distributed...

- 151,000+ Emergency Pantry Meals
- 21,000+ Community Meals
- 3,400+ Monthly Mobile Meals
- 1060+ Laundry & Grocery Cards